**Health and Social Care**

***Year 9***

**Component 1a**

For this section, create a revision resource in a poster or online format to demonstrate your knowledge and understanding. You must include all of the information below.

* Name all 6 **life stages** and give the age range for each.
* Name the 4 **types of development** and give an explanation for each (**PIES**).
* For each **life stage**, explain how they develop in the 4 different areas (**PIES**).

**Component 1b**

For this section, create a revision resource in a poster or online format to demonstrate your knowledge and understanding. You must include all of the information below.

* Definition of **expected** and **unexpected** life event
* Explain the 3 types of life event and give examples of each– **physical event**, **relationship change**, **life circumstance**
* Definition of the 3 types of support available and give examples of each: **informal**, **professional/formal**, **voluntary**
* Explanation of how individuals may **deal with a life event** – at least one positive way and one negative way